

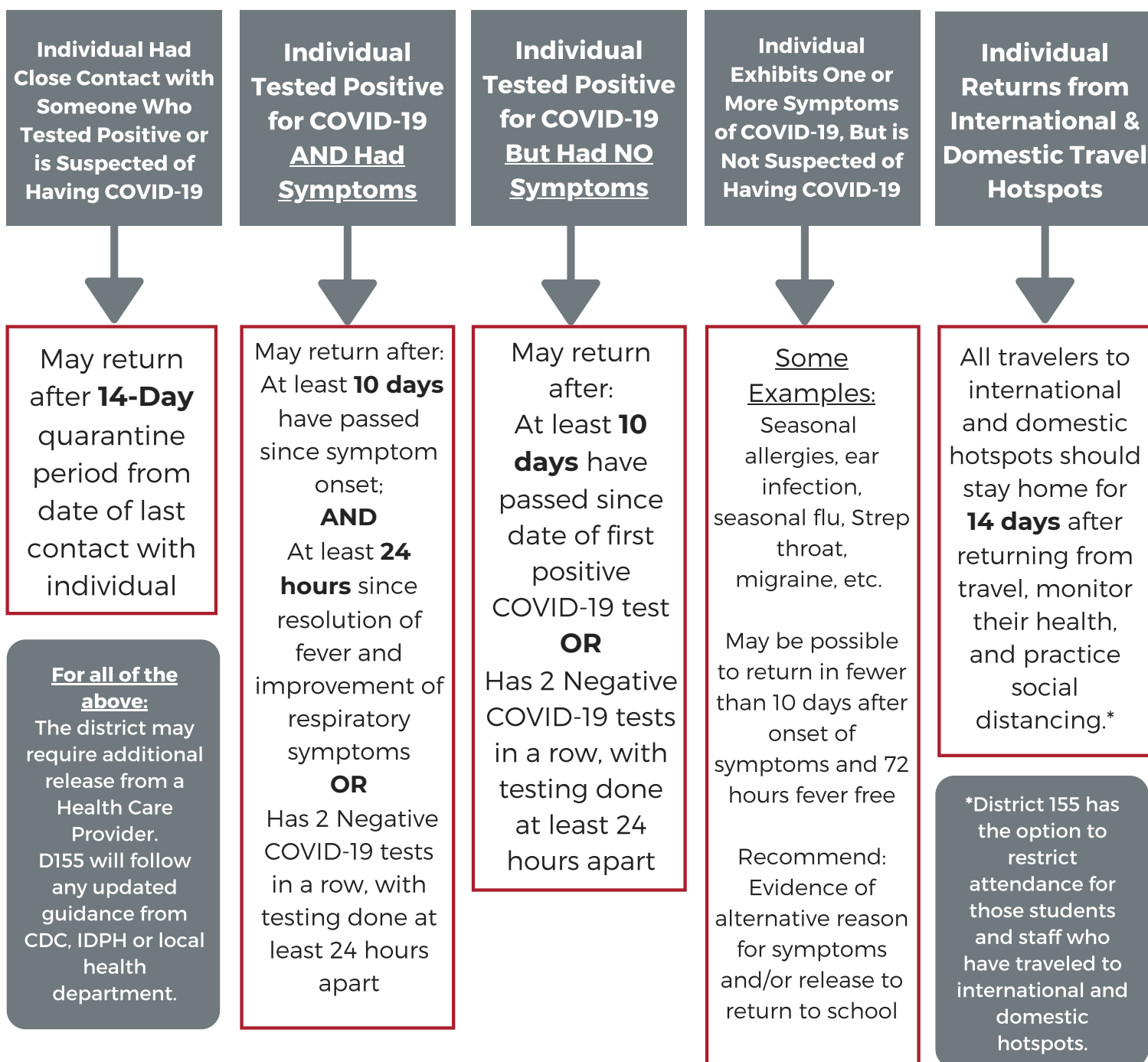
# Return to School Protocol: Following a COVID-19 Related Absence

Necessary periods of **isolation\*** and/or **quarantine\*** and return to school protocols are determined by the McHenry County Department of Health based on guidance from the CDC and IDPH. District 155 requires that its students and staff comply with these guidelines.

**\*Isolation** is used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation should stay home until it's safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area and using a separate bathroom (if available).

**\*Quarantine** is used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

Source: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html>



\*This document is subject to change based on CDC, IDPH, ISBE & MCDH guidance