## **Return to School Protocol:**

## Following a COVID-19 Related Absence

Necessary periods of **isolation\*** and/or **quarantine\*** and return to school protocols are determined by the McHenry County Department of Health based on guidance from the CDC and IDPH. District 155 requires that its students and staff comply with these guidelines.

\*Isolation is used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation should stay home until it's safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area and using a separate bathroom (if available).

\*Quarantine is used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

Source: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html

Individual Had
Close Contact with
Someone Who
Tested Positive or
is Suspected of
Having COVID-19

Individual
Tested Positive
for COVID-19

<u>AND Had</u>

<u>Symptoms</u>

Individual
Tested Positive
for COVID-19
But Had NO
Symptoms

Individual
Exhibits One or
More Symptoms
of COVID-19, But is
Not Suspected of
Having COVID-19

Individual Returns from International & Domestic Travel Hotspots



May return after **14-Day** quarantine period from date of last contact with individual

For all of the
above:
The district may
require additional
release from a
Health Care
Provider.
D155 will follow
any updated
guidance from
CDC, IDPH or local
health
department.

May return after: At least **10 days** have passed since symptom

onset;

At least 24
hours since
resolution of
fever and
improvement of
respiratory
symptoms

OR

Has 2 Negative COVID-19 tests in a row, with testing done at least 24 hours apart May return
after:
At least 10
days have
passed since
date of first
positive
COVID-19 test
OR

Has 2 Negative COVID-19 tests in a row, with testing done at least 24 hours apart <u>Some</u> <u>Examples:</u>

Seasonal
allergies, ear
infection,
seasonal flu, Strep
throat,
migraine, etc.

May be possible to return in fewer than 10 days after onset of symptoms and 72 hours fever free

Recommend:
Evidence of
alternative reason
for symptoms
and/or release to
return to school

All travelers to international and domestic hotspots should stay home for **14 days** after returning from travel, monitor their health, and practice social distancing.\*

\*District 155 has the option to restrict attendance for those students and staff who have traveled to international and domestic hotspots.

<sup>\*</sup>This document is subject to change based on CDC, IDPH, ISBE & MCDH guidance